

# #INTHE LOOP

We believe that the most happy, healthy, successful and well connected people make time to play every day.

Loop brings social table tennis into your workplace, provides an injection of energy to the office and encourages staff to interact and be more active!



## Why bring table tennis into your workplace?

As little as **10 minutes** of table tennis at a time provides physical and mental health benefits. Persuading inactive people to become more active could prevent **1 in 10 cases of stroke and heart disease** in the UK and **1 in 6 deaths** from any cause.

(PHE 'Health matters - getting every adult active every day' July 2016)

**Dr Daniel Amen, a renowned member of the American Board of Psychiatry and Neurology, specifically points out that table tennis ..**

**Increases concentration & alertness. Stimulates brain function. Develops tactical thinking skills. Develops hand-eye coordination.**  
**Provides aerobic exercise. Provides social and recreational interaction.**

## The benefits of ping pong at work

**Promotes health and well-being**

**Breaks down barriers.** Workplace table tennis provides a great way to increase social interaction within and across departments and is a perfect platform for some cross-company rivalry and competition!

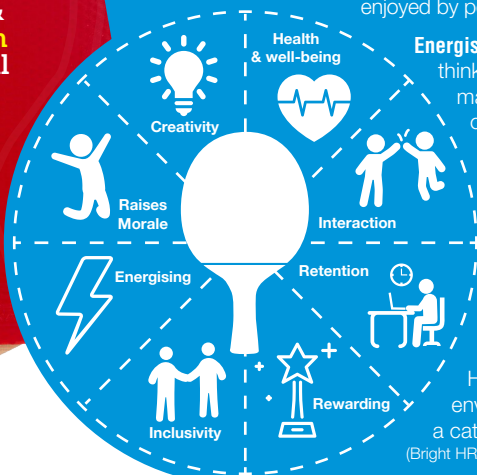
**Rewards staff** and makes them feel valued

**Is fully inclusive** and can be played and enjoyed by people of all abilities

**Energises,** helps to develop thinking and decision making skills and aids concentration

**Is a powerful retention tool** improves staff morale, encourages staff to stay on-site and to spend some time away from their desks

**Increases creativity.** Having a fun work environment can be a catalyst for creativity (Bright HR - It Pays to Play report)



Finding the time and a place to play can be difficult, so we've designed a range of products to help.

Loop



Loop at Work packages include bats and balls, a resource pack to activate your table including a Ping Pong Pioneer Pack (with games ideas), office ladder and knock-out cup boards, rules posters, advertising posters, trophies, an equipment storage box and free delivery.



### Haven't got the space?

We have number of space saving options including a table topper, ¾ table, an outdoor table and an instant ping pong pack. Or, why not consider replacing a meeting or staff room table for a multi-purpose table tennis table?

### Prices

Loop at Work packages are brought to you by Table Tennis England, the sport's governing body and are currently subsidised by Sport England funding. Prices start at just £180 for a full size table package.

### Customise your package

We offer branding packages too, so your table can fit in beautifully to its corporate surroundings and all of the tables fold up neatly so can be put away too.

To view the full range of table options and prices please visit [www.keeppintheLOOP.co.uk](http://www.keeppintheLOOP.co.uk)

For more information, tel: **01908 208860** or email: [loop@tabletennisengland.co.uk](mailto:loop@tabletennisengland.co.uk)

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